



LEARN TO SKATE 2009-2010

MONDAYS, 6:15-7:45pm in ½ hour increments, Naga-Waukee Ice Arena, Delafield

Class Description and Pricing:

Snowplow Sam 1-3

Is designed to help preschool age children develop preliminary coordination and strength necessary to maneuver on skates. After completing Snowplow Sam levels 1-3 the child is ready to move directly to Basic 2.

Basic 1-8

The Basic Skills Curriculum is designed to introduce the fundamentals of the sport in a progressive approach.

Adult 1-4

The Adult Curriculum introduces the basics of ice skating to the adult skater.

Free skate 1-7

After completing Basic 8 the skater learns the jumps, spins, moves in the field and dance step sequences and other free skating elements of the sport.

Synchro

The Synchro Curriculum is to offer the opportunity to introduce skaters to elementary holds, formations and transitions. Emphasis is on line and positions rather than difficulty of steps. Skaters must pass Basic 5 before beginning Synchro 1. Opportunity for further involvement following basic skills lessons is available through the Wisconsin Figure Skating Club. After completing Synchro 4, a skater may be prepared to join the Wisconsin Figure Skating Club's Wisconsin Edge Synchro Team.

Hockey 1-4

The hockey curriculum is designed to teach the fundamentals of hockey skating. In four badge levels, skaters learn to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus of the curriculum. Skaters are taught without a stick or puck.

Session 1	Session 2	Session 3	Session 4	Session 5
9/21/09- 11/02/09 7 Week Session	11/09/09- 12/21/09 7 Week Session Holiday Party 12/21/09	1/11/10- 2/22/10 7 Week Session	3/01/10- 4/19/10 7 Week Session Off on 04/05/10	4/26/10- 5/24/10 5 Week Session Family Fun Night 5/24/10

September 14th we will be having a free skating event, called Skate with Snoopy, sponsored by Met-Life & WFSC.

January 4th will be an open house for National Skating Month and to get ready for the Olympic Games.

Session 1 cost: \$105.00/session
 Session 2 cost: \$105.00/session
 Session 3 cost: \$105.00/session
 Session 4 cost: \$105.00/session
 Session 5 cost: \$75.00/session

Cost Includes:

30 minute lessons
 30 minute assigned practice ice
 USFSA Patch can be purchased for \$1 upon passing level

Multiple skaters from one family discount \$10 off each additional registered skater.

Multiple session sign up at same time, discount \$10 off total.

Please take the discount off of the payment.

Skate rental is available at the rink for \$1 per time.

DEADLINE FOR REGISTRATION: 1 week before each session

Registration accepted by mail or online at www.wisconsinfsc.org. Also, there will be a registration night/Skate with Snoopy on Monday, September 14th at 6pm at Naga-Waukee Ice Arena. For more information, please contact:

**Melissa Ahrens 414-545-5739 (H) 414-232-2269 (cell) or
LearnToSkate@wisconsinfsc.org**

Make your check payable to WFSC (Wisconsin Figure Skating Club) and mail with registration to:

**WFSC, C/O Melissa Ahrens
2058 South 83rd Street
West Allis, WI 53219**

Skater #1 Name: _____ Age: _____
Date of Birth _____
Session: ____ Class: _____ Level: _____ Time: _____

Skater #2 Name: _____ Age: _____
Date of Birth _____
Session: ____ Class: _____ Level: _____ Time: _____

Skater #3 Name: _____ Age: _____
Date of Birth _____
Session: ____ Class: _____ Level: _____ Time: _____

Address: _____
City: _____ State: _____
Zip: _____
Phone: _____
E-mail: _____

Have you taken lessons with the WFSC before?

- YES
- NO

The applicant agrees to hold harmless the Naga-Waukee Park Ice Arena, its agents and employees, the Wisconsin Figure Skating Club, and its instructors and/or supervisors from any claims due to loss or injury in the course of instruction or in the use of the facilities.

Parent/Guardian Name (Please print): _____
Signature of Applicant: _____

(or Parent/Guardian if applicant is under 18 years old)

www.wisconsinfsc.org